

WHAT DOES CONSENT LOOK LIKE?



HOW TO PRACTICE CONSENT WITH
ELEMENTARY AGED KIDS OR YOUNGER.

BIRTH TO AGE 3

- DEVELOP VOCABULARY: USE WORDS LIKE PENIS, VAGINA, ANUS, ETC.
- ALLOW KIDS TO EXPRESS HURT AND OTHER FEELINGS FREELY
- MODEL WHAT CONSENT IS AND LOOKS LIKE

PRESCHOOLERS

- CONTINUE DEVELOPING APPROPRIATE VOCABULARY
- MODEL CONSENT (I.E. ASK FOR HUGS/KISSES AND ACCEPT WHEN THEY SAY NO)

KINDERGARTEN TO 2ND GRADE

- BEGIN PRACTICING AND TEACHING ABOUT SAFE AND UNSAFE TOUCH
- BREAK DOWN WHAT CONSENT ACTUALLY MEANS (YES MEANS YES AND NO MEANS NO)

3RD GRADE TO 5TH GRADE

- KEEP THE CONSENT CONVERSATION GOING
- PROVIDE CHILDREN WITH THE SPACE TO COME/TALK TO A TRUSTED ADULT

CONSENT FOR HIGH SCHOOLERS

WHAT IS CONSENT?

CONSENT [KƏN'SENT]

Noun: "permission for something to happen or agreement to do something"

Verb: "give permission for something to happen"

WHAT ARE BOUNDARIES?

PERSONAL BOUNDARIES ARE DESIGNED TO PROTECT AND HONOR IMPORTANT PARTS OF OUR LIVES. THEY ARE CREATED TO CLARIFY WHAT ARE ACCEPTABLE AND UNACCEPTABLE BEHAVIORS FROM OTHERS. JUST AS A FENCE PROTECTS AND PRESERVES OUR REAL PROPERTY, SO SHOULD PERSONAL BOUNDARIES PROTECT OUR PERSONAL SELVES.

HEALTHY RELATIONSHIPS ARE FORMED WITH CONSENT AND BOUNDARY SETTING.

THERE IS NEVER A TIME IN A HEALTHY RELATIONSHIP THAT ONE SHOULD FEEL PRESSURED OR COERED INTO DOING ANYTHING.

HEALTHY RELATIONSHIPS

Talking About Consent

MIDDLE SCHOOL EDITION



SEX AND SEXUAL HARRASMENT

- Begin having conversations about sex and unwanted sexual acts as Middle schoolers typically begin bringing up the conversation
- In order for sexual acts to be consensual both parties must say yes



RELATIONSHIPS?

Middle school is the time for relationships whether they be platonic or romantic, this is the time to start introducing the big concept of boundaries and what they look like.



TALKING WITH A TRUSTED ADULT

Provide children with the space and opportunity to talk with a trusted adult about questions they may have about consent, sex, etc. or come to this trusted adult when something may be wrong